

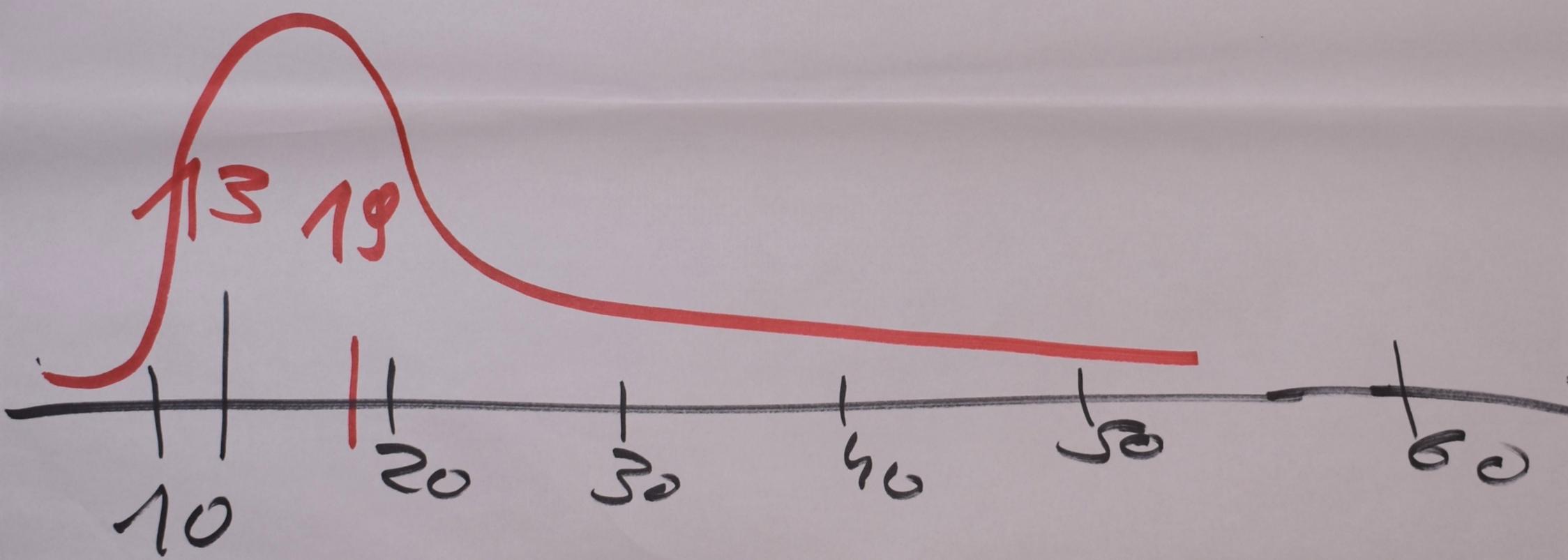


Group Work 4

Our 5 rules
to create a learning
environment
without bullying

1. No discrimination
 2. Equality
 3. Self-esteem
 4. Open-minded
 5. TAKE ACTION
- !!!

You
"Du" "Sie"

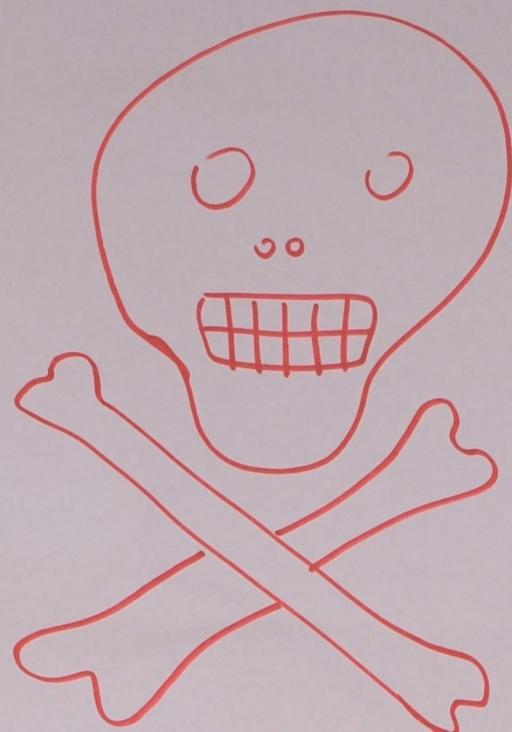


What are the
reasons/causes
for bullying?

Group Work 1



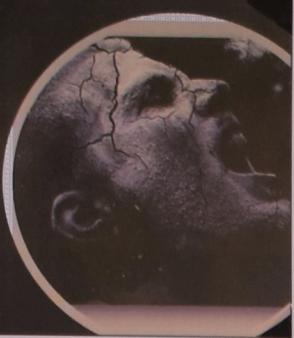
- differences in ~~background~~ appearance (e.g. skin colour)
- different interests/opinions/ideals/
- ~~background~~ behavior/religion/race
- insecurity
- difficult backgrounds (problems at home/school)
- peer pressure
- financial differences
- pleasure
- you get used to it
-



- _____
- suicide
- depression
- anxiety
- isolation – no friends
- insecurity
- stress
- violence (self-harm/against others)
- constant belief of being out of place

What are the
consequences
of bullying?

Group Work 2

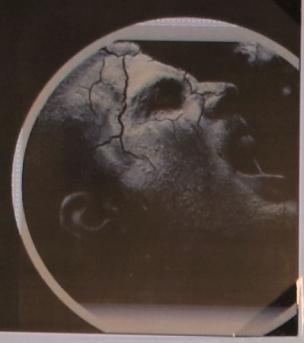


Victims

1. Loneliness
2. Depression
3. Aggression

Bullies

1. Legal Consequences
2. Regret
3. Might become A VICTIM



- * low self-esteem
- * reflecting personal problems
- * differences (appearance)
 - * religion
 - * culture
 - * sexuality ♂ ♀
 - * race
- * victim's vulnerability
- * wrong behavior
- * wrong role models/friends

What are the
consequences
of bullying?

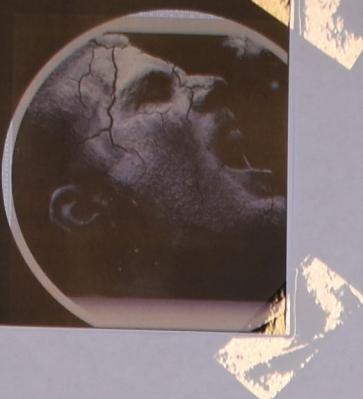
Group Work 2



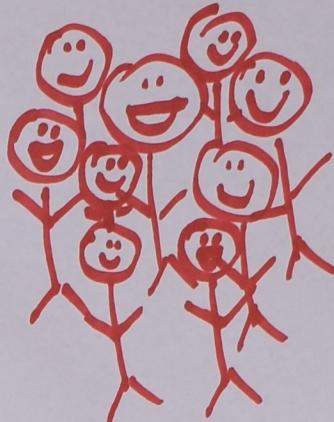
- * Suizide
- * depression
- * mental illnesses
- * isolation
- * anxiety
- * addictions
- * reverse bullying effect

What are the
consequences
of bullying?

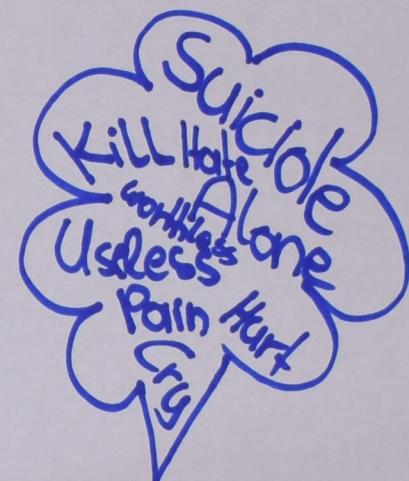
Group Work 2



Isolation



Depression



↳ to feel useless

↳ to hurt oneself (=selfharm)

↳ to hate oneself

No Selfconfidence

↳ Worst case: Suicide